MISSION - Empowering lives through advocacy, opportunities and independence.

VISION - Alpha Opportunities, Inc. aspires to be the leader and premier provider of choice for those entrusted in our care.

VALUES - Respect, Integrity, Diversity, Innovation and Partnership.

ALPHA WEEKLY BULLETIN MARCH 8 - MARCH 18, 2024

FRIDAY MARCH 8, 2024

NEW MOVIES WILL BE COMING OUT AT THE BISON CINEMA - THERE MAY BE SOMETHING GOOD YOU WOULD LIKE TO SEE:)

9AM - NOON - PANCAKE BREAKFAST - \$5 WOMEN'S CLUB ROOM MARCH 8-9 - NAIA NATIONAL WOMEN'S WRESTLING TOURNEY AT NEWMAN ARENA - \$\$



SATURDAY MARCH 9, 2024

MARCH 8-9 - NAIA NATIONAL WOMEN'S WRESTLING TOURNEY AT NEWMAN ARENA - \$\$
10:30am - FREE MOVIES AT BISON CINEMA!!!
IMAGINARY, DUNE 2, ORDINARY ANGELS, CABRINI, KUNG FU PANDA 4
SET YOUR CLOCKS AHEAD ONE HOUR WHEN YOU GO TO BED!

SUNDAY, MARCH 10, 2024 SPRING AHEAD!

6PM - OSCAR AWARDS ON T.V. - FIND OUT ABOUT THE BEST MOVIES OF THE YEAR!

MONDAY, MARCH 11, 2024

TUESDAY MARCH 12, 2024

6:15pm - MOVIE NIGHT AT THE DAY CENTER - TRENT HOST



WEDNESDAY, MARCH 13, 2024

6:15PM BINGO AT THE DAY CENTER - ANGIE TO HOST



THURSDAY MARCH 14, 2024 1:00PM - RES. HAB MEETING

FRIDAY MARCH 15, 2024
NEW MOVIES COMING OUT, CHECK IT OUT!

9A - 3P - 2ND ANNUAL DISABILITY AWARENESS DAY QUALITY INN - FREE CLUB 1883 FISH FRY 5P-7:30P \$8-\$18

SATURDAY MARCH 16, 2024

RUNNIN' O THE GREEN

JHS PROM

MARCH 16 - 1PM - SENIOR RECITAL AT UJ - REILAND - FREE

SUNDAY MARCH 17, 2024

MONDAY MARCH 18, 2024



WALKING AT THE CIVIC CENTER FROM 9A- 1P IS FREE AND ALSO FREE OF ICE! (CLOSED WHEN TOURNAMENTS PLAYED THERE)

UPCOMING EVENTS

MARCH 19TH - UNDERSTANDING ALZHEIMER'S AND DEMENTIAL 4:30-5:30 EDGEWOOD

MARCH 19TH - UJ LADIES NIGHT OUT VENDOR SHOW 5P-8P

MARCH 21 - PROM AT THE DAY CENTER 6:15PM - GET YOUR DRESS UP DUDS READY!!

MARCH 22 - FRUIT TRUCK AT TRUCK STOP NOON - 1PM

MARCH 22 - ND USA GYMNASTICS CHAMPIONSHIPS - CIVIC CENTER \$\$

MARCH 22 - 24, FROZEN INFERNO ICE SHOW - \$12 7P, 2P&7P, 2P

MARCH 22 - EL ZAGAL FISH FRY AT SHADY'S 4P - 7P \$\$

MARCH 28 - TRACY BRYD AND TAYLOR AUSTIN DYE - \$40 - \$50 - CIVC CENTER

APRIL 5TH - CIVIC CENTER FREE US AIR FORCE BAND CONCERT - 7-9P

APRIL 7 - 7PM - CMT MUSIC AWARD SHOW

APRIL 16TH - CIRCUS AT CIVIC CENTER

APRIL 26TH - SWISS STEAK SUPPER - FIRST CONGREGATIONAL CHURCH 252-0277 FOR TIC

APRIL 27, 2024 LEGENDS OF ROCK CONCERT AT THE CIVIC CENTER \$35

MAY 31 - JUNE 2 - KITE FEST AT MEIDINGER PARK

JUNE 1 - SATURDAY NIGHT THUNDER AT THE RACETRACK

JUNE 1 - JUNKIN' COUSINS AT THE FAIRGROUNDS

JUNE 8 - RUNNING OF THE PINK

JUNE 27TH - DAIRY DAY AT DR. DAWN'S PETSTOP

PICTURES - PLEASE SEND PICTURES OF PEOPLE SUPPORTED DOING ACTIVITIES TO:

socialmedia@alphaopportunities.org





HEALTHY BLUE ND IS A BENEFIT FOR ALL STAFF WHO RECEIVE HEALTH INSURANCE THROUGH ALPHA. LOG INTO YOUR BC/BS ACCOUNT AND SIGN UP! YOU ARE ABLE TO GET MONEY OFF OF YOUR MEMBERSHIP AT TRAC OR OTHER WORK OUT FACILITY OR ABLE TO EARN UP TO \$250 IN VISA GIFT CARDS! NEW YEAR, NEW YOU!!!!





ARE YOU INTERESTED IN A SAMSUNG SMART WATCH FOR \$22/MONTH (FOR 36 MONTHS WITH INSURANCE) OR \$350 OUTRIGHT. SANDY BROWN HAS SHE HAS ONE SHE CAN'T USE DUE TO ALLERGIES AND HER LOSS COULD BE YOUR GAIN! CALL/TEXT HER AT 701-269-6053

The Gator Great winners for February Laurie Podoll Candace Weispfenning Bruce Gallagher

Gator Greats

Completing the requirements
Picking up extra shifts
Being good at multi-tasking



PROM AT THE DAY CENTER - 6:15PM MARCH 21ST!!!



